

Early Years Learning Journey Example B

Webinar (90 minutes)

MEETING THE NEEDS OF ALL CHILDREN - ATTACHMENT, RESILIENCE AND FIVE TO THRIVE

Content: An introduction of the neuroscience of attachment, and the importance of connected relationships for building and maintaining healthy brains in the early formative years. The Five to Thrive model will be described in relation to meeting the needs of children, and the consequences of needs not being met by adults also discussed.

Participants: ALL practitioners from PVI settings and nursery classes throughout the County who have signed up to this learning journey

Purpose: An introduction of the knowledge base surrounding attachment, healthy brain development and trauma so that participants can begin to notice and reflect this in their practice, and participate in tutorials with this knowledge base as the foundations of discussions

E-learning

ATTACHMENT AND BRAIN DEVELOPMENT

Purpose: to support and build upon the learning content delivered in the introductory webinar, and encourage reflective practice through journal entries and conversations.

Participants: all practitioners who accessed the introductory webinar from the PVI and nursery settings – time spent on this and completion is dictated by participant

Web Tutorial (2 hours)

APPLYING THE NEUROSCIENCE TO PRACTICE: CASE STUDY DISCUSSIONS

Content: This interactive, reflective session will be structured around case studies, shared by participants, and will give opportunities to consider how the neuroscience applies to practice.

Participants: groups of 20 practitioners from PVI settings and nursery classes

Purpose: This interactive and facilitated tutorial session will give participants the opportunity to unpick specific cases within their settings and then collaboratively apply the Five to Thrive model to explore the impact of adult responses and perceptions of behaviour on outcomes for both staff and children.



**Webinar
(90 minutes)**

**COMMUNITY RESILIENCE: UNDERSTANDING THE
IMPACT OF TRAUMA**

Content: This webinar presents the foundations of trauma-informed practice. Reflective learning: participants will be encouraged to explore the key questions and concepts in the Mending Hurts workbook, and initiate reflective discussions within their setting using the workbook as a basis

Participants: ALL practitioners from the PVI settings and nursery classes in the County who have joined this learning journey

Purpose: This content-led session will support practitioners to understand the impact of trauma on children and their development, but also the impact of traumatised adults living within the families in their community



E-learning

**COMMUNITY RESILIENCE AND TOXIC STRESS:
WORKING WITH TRAMA ACROSS THE LIFESPAN**

Purpose: to support and build upon the learning content delivered, and encourage reflective practice through journal entries and conversations.

Participants: all practitioners who accessed the webinar from the PVI and nursery settings – time spent on this and completion is dictated by participant



**Web
tutorial
(2 hours)**

**THE IMPACT ON PRACTICE: REFLECTIVE
DISCUSSION AND NEXT STEPS**

Content: This interactive, reflective and facilitated session will give participants the opportunity to share their observations, challenges and questions surrounding the application of the attachment-aware and trauma-informed knowledge base to practice.

Participants: groups of 20 practitioners from PVI setting and nursery classes

Purpose: to give participants the opportunity to notice the impact of attachment-aware and trauma informed practice, and encourage further application of this knowledge base in their practice through action planning